

MIDDLESBROUGH SCHOOL MEALS

EAT SMART FOR A HEALTHY START!

WEEK 1 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Baked sausages with mashed potato	Chicken curry and rice	Roast chicken and stuffing with oven roasted garlic and herb potatoes	Minced beef pie served with boiled potatoes	Salmon nugget or salmon finger and fish fingers with chips
Option 2	Pasta bolognese with crusty bread (V)	Homemade pizza (V)	Omelettes with oven baked wedged potatoes (V)	Tomato Wholegrain Pasta bake and garlic bread (V)	Quorn Cottage Pie (V)
Sides	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
Dessert	Apple sponge and custard	Bakewell tart and custard	Peach Flapjack	Ice cream with fruit compote OR fruit jelly's	Feathered sponge and custard

ALSO AVAILABLE DAILY:



- * Jacket potato with a choice of cheese, tuna mayo or simply plain
- Fresh Salad
- Sandwiches or Wraps
- Cheese & Crackers
- Fresh Fruit
- Sliced Bread
- Fruit jelly

Menu Dates

6th Jan 2025 - 27th Jan 2025
 17th Feb 2025 - 10th March 2025
 31st March 2025 - 5th May 2025
 2nd June 2025 - 23rd June 2025
 7th July 2025 - 1st Sept 2025
 22nd Sept 2025 - 6th Oct 2025
 3rd Nov 2025 - 24th Nov 2025
 15th Dec 2025

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.

MIDDLESBROUGH SCHOOL MEALS

EAT SMART FOR A HEALTHY START!

WEEK 2 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Creamy chicken pasta with crusty bread	Homemade Cottage pie	Toad in the hole served with mashed potato	Minced beef and Dumplings served with mashed potato	Battered fish or Fish portion and chips
Option 2	Pizza wrap (V) served with oven roasted wedges	Quorn burger In a bun (V)	Meatballs in a tomato sauce with wholegrain pasta served with crusty bread (V)	Curry and rice (V) served with naan bread	Cheese and Tomato crustless Quiche (V)
Sides	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
Dessert	Steamed eves pudding and custard	Jam shortbread fingers	Beetroot chocolate brownie	Pear crumble and custard	Homemade biscuits

ALSO AVAILABLE

Menu dates



- * Jacket potato with a choice of cheese, tuna mayo or simply plain
- Fresh salad
- Sandwiches or Wraps
- Cheese & Crackers
- Fresh Fruit
- Sliced Bread
- Fruit Jelly

13th Jan 2025 3rd Feb 2025
 17th March 2025 7th April 2025
 12th May 2025 9th June 2025
 30th June 2025 14th July 2025
 8th Sept 2025 29th Sept 2025
 13th Oct 2025 10th Nov 2025
 1st Dec 2025

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.

MIDDLESBROUGH SCHOOL MEALS

EAT SMART FOR A HEALTHY START!

WEEK 3 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pasta beef bolognaise with garlic bread	Chicken and vegetable pie served with boiled potatoes	Roast chicken in gravy with mashed potato	Burger in a bun served with oven roasted wedges	Fish fillet with a lemon and herb coating served with chips
Option 2	Homemade Cheese pasty or roll with mashed potato (V)	Chilli con carne and rice (V)	Lasagne and crusty bread (V)	Sweet and sour chicken with rice (V)	Wholegrain Tomato and basil pasta bake served with garlic bread
Sides	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
Dessert	Fruit sponge and custard	Rice Pudding	Apple and banana cake	Steamed chocolate sponge and custard	Apple oaty Flapjack

ALSO AVAILABLE DAILY:



- * Jacket potato with a choice of cheese, tuna mayo or simply plain
- Salad Bar
- Sandwiches or Wraps
- Cheese & Crackers
- Fresh Fruit
- Bread
- Fruit Jelly

Menu Dates

20th Jan 2025 10th Feb 2025
 24th March 2025 28th April 2025
 19th May 2025 16th June 2025
 21st June 2025 15th Sep 2025
 20th Oct 2025 17th Oct 2025
 8th Dec 2025

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.