



Head Teacher: Mrs. A. Young
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22nd November 2024

Dear Parent/ Carer

Teesside Mind Mental Elf Festive Fun Run Activity

With Christmas fast approaching we've booked a festive Mental Elf Fun Run, on **Monday 2nd December** during the school day. This year we're supporting local mental health charity, Teesside Mind, and their fundraising team will be hosting the event at school on our behalf. They'll be creating some festive, magical memories for your children to celebrate good mental health.

Our children will be able to help Buddy, the Mental Elf, round up Santa's reindeer, as they run around the Christmas wonderland course. Every child will receive, a pair of reindeer antlers, a certificate for taking part and wellbeing tips to take care of themselves and others over Christmas

The money we raise as a school from this festive event for the children will go towards helping Teesside Mind improve the mental health of many more people and families from our local communities.

Teesside Mind have secured match-funding via the Big Give platform for their Christmas Challenge Campaign to help support more young people's mental health through their new drop-in service, 'Be Heard'. The money we raise as a school from this festive event will go towards their campaign, meaning every £ in sponsorship your child raises will be doubled, so twice the impact from your donation to help Teesside Mind improve the mental health of many more young people from our local communities. You can read more about it here <https://donate.biggive.org/campaign/a056900002TPVQTAA5?c=17274>

As a school we'll also receive a wellbeing assembly, plus some classroom wellbeing resources from the team at Teesside Mind, so we can learn about the ways in which its teams support local people and how we can take care of our own mental health and wellbeing.

Your child has been given a paper sponsor form to complete. Teesside Mind can claim the Gift Aid on your child's eligible sponsorships ONLY IF the form is completed properly – this means an extra 25% on top of your child's sponsorship to make a difference for better mental health (see form for details). Once all their sponsorships have been collected then please total up your child's sponsorship and enter this amount in the box on the form. Please then make a payment for this amount via cash and return the sponsor form to school, both no later than Friday 6th December.

Thank you so much for your support.

Mrs L Acheson
Acting Headteacher

Lingfield Education Trust
c/o Corporation Road
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Lingfield
Education Trust