

Personal Development



Our core values at Captain Cook Primary School are represented by Captain Cook's ships: DISCOVERY, ADVENTURE, RESOLUTION and ENDEAVOUR. Together they epitomise our aim for personal development—we D.A.R.E!

Developing the whole child underpins everything we do at Captain Cook Primary School; we continually strive to support our children in their personal development, as well as their academic progress. In doing so, we fully recognise the vital role we play in creating and developing well-rounded young people who are ready and willing to take their place in the world.

We seek to provide our children with a wide range of opportunities and experiences in order to build their knowledge and understanding of the world, and to provide them with aspirations and goals as they move on to the next stage of their education; discovery and adventure. Additionally, our ultimate goal is to equip our pupils with the personal qualities, skills and attitudes they will need to thrive as individuals and as successful members of society: resolution and endeavour.

Discovery & Adventure

Providing opportunities and experiences

- ◇ We offer a range of curriculum-related trips and field visits, aimed at enriching key areas of the curriculum (eg history and geography) and providing all children with opportunities to visit significant places within their local area. We actively seek out opportunities to welcome speakers from a range of backgrounds and careers (eg in STEM) into school.
- ◇ Furthermore, our yearly flexible topic provides our pupils with opportunities to study current global and national events of relevance to them, develop enterprise skills and participate in fundraising activities.
- ◇ Where possible, we utilise all opportunities to expose all our children to a wide range of cultural events and experiences, for example through arranging whole school theatre visits and welcoming performers into school.
- ◇ Our annual residential visit provides Year 6 pupils with an extremely valuable opportunity to further develop their teamwork skills, independence and resilience in a completely different learning environment.
- ◇ In addition to our core PE curriculum, a wide range of competitive and non-competitive sporting opportunities are provided throughout the school year to children of all age groups and abilities, encouraging children to enjoy and participate in local sporting events and initiatives.
- ◇ We seek to enrich our music curriculum through the promotion of music appreciation during our assemblies, providing opportunities to learn a musical instrument (including subsidising places for disadvantaged pupils) and participation in local music-related events.
- ◇ We are extremely proud of our wide-ranging extended schools offer, which ensures gives children chances to learn new skills, develop interests, and promotes equality of opportunity through prioritising and funding places for disadvantaged pupils. In addition, we offer regular opportunities for holiday activities, having recently secured funding through the Holiday Activity Fund.
- ◇ Strong community links are fostered through trips to local amenities, choir performances at local care homes and fundraising for local charities. Regular visits to local places of worship belonging to different religions ensure that attitudes of tolerance and mutual respect are consistently promoted.

Resolution & Endeavour

Developing the skills, qualities and attitudes to be successful

- ◇ Our sequenced whole school PSHE curriculum provides a progressive, themed approach to equipping children with the key knowledge and skills they need to recognise and manage their own feelings, build positive relationships, understand and cope with change and work towards aspirations and goals.
- ◇ Additionally, citizenship, personal development and mental health and well-being workshops, delivered by a range of external experts supplement and enrich our PSHE curriculum across school.
- ◇ Key areas of our PSHE curriculum are reinforced by explicit links to other curriculum areas - eg the importance of a healthy lifestyle is reinforced in science and PE, e-safety in computing etc.
- ◇ Our regular curriculum SHOW IT events provide purposeful opportunities to develop audience awareness and presentational experience, build teamwork skills, and celebrate and share their learning with others.
- ◇ Whole school assemblies promote fundamental British values, highlight national and global events, and celebrate important religious festivals aimed at developing understanding and tolerance between different cultures.
- ◇ Weekly celebration assemblies acknowledge achievements both academic and non-academic, motivating the children and providing them with positive role models and aspirations.
- ◇ A wide range of leadership opportunities are available to the children, aimed at providing aspirations and developing their sense of responsibility and involvement as vital members of our school community. These include head boys and girls, prefects, librarians, sports-crew members and playground buddies.
- ◇ Our full time Pastoral Lead provides additional mental health and well-being support to children who require this. Tailored approaches are offered dependent on need, from informal check-ins, to structured ELSA approach sessions, to referrals made to external agencies. This ensures that all children access the best support available for their individual needs.